

## USER MANUAL

### AR-222 Schantz type cervical collar

#### **Description and application:**

**Schantz Collaris** intended for the treatment of cervical spine dysfunctions that do not require complete immobilization. Its action consists in partial immobilization and stabilization of the cervical vertebrae, thanks to which they are relieved. Ideal for supporting the rehabilitation and treatment process. Used in the process of follow-up treatment of cervical spine overloads, post-traumatic conditions, contusions, mild sprains, degenerative changes, rheumatoid diseases and inflammatory conditions. Used correctively to increase narrowed intervertebral spaces and in the case of arthrosis, discopathy, torticollis and other pain syndromes.

Degenerative changes in the cervical vertebrae can cause stiffness in the spine, as well as headaches, dizziness, and discomfort in keeping the head "straight ahead".

The special foam from which it is made is characterized by high density, covered with a material that is pleasant to the touch. The appropriate anatomical profiling reduces pressure on the jaw, while supporting it well. Soft rounded edges guarantee comfort of use. Fastening the collar is extremely easy because with one Velcro it can be perfectly adjusted to the neck. A wide selection of 12 sizes guarantees a perfect fit to the anatomical shapes of the user.

**Notes and warnings:** You MUST NOT make an independent decision about using the product, you must always consult your doctor, physiotherapist or physiotherapist.

Long-term use of the collar may lead to slight muscle relaxation and thus problems with keeping the head "straight" after removing the collar. The collar should not be fastened too tightly so as not to cause breathing problems. The collar should not be used in a size that is not adapted to the user's anatomical structure.

**Contraindications:** Do not use in case of open wounds, abrasions, skin eczema. Do not use in post-operative conditions, fractures and dislocations of cervical vertebrae requiring complete immobilization. Do not use in case of application of analgesic, warming, anti-inflammatory ointments, gels, oils or creams etc.

#### **How to use:**

Unfasten the Velcro. Put the product on with the concave part under the chin and fasten the Velcro at the back of the neck. The collar circumference should be adjusted so that it fits perfectly to the neck, supports the chin but does not impede breathing.

#### **Preservation method - storage:**

Hand wash in water at a temperature not exceeding 40°C using mild detergents. Do not bleach, do not iron, do not dry clean. Do not wring or tumble dry. After gently squeezing, leave in a flat state to dry freely. Dry away from artificial heat sources. The product must be completely dry before reuse. Failure to observe proper personal hygiene, use of inappropriate detergents may cause abrasions or other ailments related to increased sweating and the development of bacterial flora.

Store in a dry place. Do not store in extreme weather conditions, such as severe frost, strong sunlight, high temperature. Storing or using a damp collar can lead to mold, unpleasant odor and loss of properties that allow further use as well as skin allergies.

**Incidents:** Any serious incident related to the product must be reported to the manufacturer, the Office for Registration of Medicinal Products, Medical Devices and Biocidal Products

**Utilization:** A product that is no longer suitable for use must be disposed of in accordance with local environmental regulations regarding product disposal.

**Discontinuation of use of the product:** In case of visible mechanical damage, tears, cracked foam, or detached Velcro, stop using the product.

Collars available in 12 sizes:

Height: 8cm		Height: 10cm		Height: 12cm	
Size S:	circumference up to 38cm	Size S:	circumference up to 38cm	Size S:	circumference up to 38cm
Size M:	circumference 38-43cm	Size M:	circumference 38-43cm	Size M:	circumference 38-43cm
Size L:	circumference 44-48cm	Size L:	circumference 44-48cm	Size L:	circumference 44-48cm
Size XL:	circumference 49-53cm	Size XL:	circumference 49-53cm	Size XL:	circumference 49-53cm

**Composition:** 75% PU Foam, 20% Nylon, 5% Spandex

**BASIC UDI-DI:**590771338EB01CJ

Release: 18/01/2023

SYMBOLE:									
									
Wyrób medyczny	Zapoznaj się z instrukcją	Producent	Wyrób spełnia wymagania UE	Ostrzeżenie	Nr dato / serii	Data produkcji m-c/rok	Chronić przed wilgocią	Nadaje się do recyklingu	Selektywna zbiórka odpadów

 **ARMEDICAL Sp. z o.o.**  
 al. Zwycięstwa 75, 42-520 Dąbrowa Górnicza, Polska  
 tel.fax: +48 32 261 71 36, +48 783 001 111  
 www.armedical.pl, e-mail: biuro@armedical.pl

**BASIC UDI-DI:** 590771338KOS1K3

